

## Disorder Characteristics – Questions by Topic (MCQ)

### Q1.

Which **two** of the following are cognitive characteristics of depression? Choose **two** from the options A, B, C, D and E.

- A A change in sleeping patterns
- B Negative schema
- C Poor concentration
- D Low mood
- E Aggression

(Total 2 marks)

### Q2.

Which **two** of the following are cognitive characteristics of obsessive compulsive disorder (OCD)?

Choose **two** from the options **A, B, C, D** and **E**.

- A Awareness that behaviour is irrational
- B Compulsions
- C Disgust
- D High anxiety
- E Obsessions

(Total 2 marks)