

Obesity – Questions by Topic

Q1.

Outline **one** psychological explanation of **one** eating disorder.

(Total 4 marks)

Q2.

Nicky has been trying to diet for several years. She is sometimes successful in losing weight, but over the following months puts the weight back on again. Whenever she overeats she sees herself as a failure, but she does not want to use drugs or surgery. She is still desperate to lose weight.

Suggest **one or more** strategies that might help Nicky to lose weight and to maintain the weight loss.

(Total 4 marks)

Q3.

Outline and evaluate **one or more** biological explanations for obesity.

(Total 16 marks)

Q4.

‘Dieting often fails because people are trying to go against their biological drive to eat.’

Discuss explanations for the success **and / or** failure of dieting.

(Total 16 marks)