

OCR (B) Physics GCSE

Chapter 4: Explaining Motion Summary Notes

(Contents in bold is for Higher Tier Only)



P4.1 What are Forces?

Newton's Third Law

Newton's third law states that: whenever two objects interact, the forces they exert on each other are **equal and opposite**. Examples of this law include:

- Rocket taking off: The **rocket** exerts a **force** on the **gases** being ejected. The gases apply a force **equal in magnitude but in opposite direction** on the rocket, which **lifts** it off the surface.
- A book on a table: The **weight of the book** (from the Earth) = the **pull of the book** on the Earth

A **force** is a **push or pull** that acts on an object due to the **interaction with another object**. All forces between objects are either:

Non-Contact - the objects are physically separated.

- **Electrostatic** - The charges cause a force of **attraction/repulsion**
- **Gravitational attraction** - The **mass** creates a force of attraction

Contact - the objects are physically touching

- **Normal contact force**, which is felt in opposite direction to contact; The force is **perpendicular** to the **planes of contact**
- **Friction** - The surfaces and their **roughness** cause friction when moved in contact

Vectors

Interaction forces can be represented as vectors. A vector has **magnitude and direction** whereas a **scalar** has **just magnitude**. Generally, scalars **cannot be negative**, but vectors can be, as a **set direction is positive**.

Examples

Scalar Quantity	Vector Quantity
Speed	Velocity
Distance	Displacement
Mass	Weight
Time	Acceleration
Energy	Force

Imagine a ball thrown off a cliff, displacement is 0 at height of cliff, above the cliff the ball has positive displacement, and below the clifftop the ball has negative displacement.

- In long answer questions, you may be able to **decide where the "0" point of a vector may lie**, for example you could set zero to be bottom of cliff, so the ball will never have **negative displacement**
- **Speed is only velocity when given a direction**, so thrown 10ms⁻¹ is its speed but thrown 10ms⁻¹ at 30° above the horizontal is the velocity

Vectors can be represented by **arrows**, with their **size/length** representing the vector **magnitude**



Gravity

All **matter** has a **gravitational field** and attracts all other matter. The **larger the mass**, the **stronger the field**, the greater the attraction. The force exerted on a mass by the gravitational field, in Newtons:

$$\text{Weight} = \text{Mass} \times \text{Gravitational Field Strength}$$

$$W = mg$$

Weight, W , in newtons, N and mass, m , in kilograms, kg.
You need to recall that on earth, $g = 10$

Weight can be measured by:

- a **force meter** (also known as calibrated spring-balance) .
- **Weighing scale** measures the force you exert, and then divides by 10 to give mass

Same person, on two different planets?

- Their **mass is the same**
- The gravitational field strength, **g , at the two planets will be different** (i.e. not 10 for both)
- so, their weight will be different on both.

Acceleration in **free fall** is due to gravity, and is the **same as g** , i.e. 10ms^{-2}

The **weight** of an object is considered to act through the object's **centre of mass**



P4.2 How can we Describe Motion?

Motion

- **Distance** is how **far** an object moves. Distance **does not involve direction**. Distance is a scalar quantity.
- **Displacement** includes both the distance an object moves, measured in a **straight line from the start point** to the finish point and the direction of that straight line. Displacement is a vector quantity.
- **Speed** does not involve direction. Speed is a scalar quantity.
- **Velocity**, which is a vector quantity, is speed in a given direction.

The **speed** of a moving object is **rarely constant**. When people walk, run or travel in a car their speed is **constantly changing**.

Typical Speeds

Wind	5-7ms ⁻¹
Sound	330ms ⁻¹
Walking	1.5ms ⁻¹
Running	3ms ⁻¹
Cycling	6ms ⁻¹
Bus	14km/h
Train	125miles/h
Plane	900km/h

Distance can be measured in **mm, cm, m and km** and time measured in **ms, s, mins and hours**. Depending on lengths involved, use appropriate units:

$$\text{Speed} = \frac{\text{Distance}}{\text{Time}}$$

Remember to **convert units** to make sure everything is equivalent!

Average speed for **non-uniform motion**:

- Work out **TOTAL TIME** and **TOTAL DISTANCE**
- Then use:

$$\text{Average Speed} = \frac{\text{Total Distance}}{\text{Total Time}}$$

- E.g. 3 sections of different speeds to travel distances, use time=distance/speed to work out total time, then sum the different distances, then use above.

$$a = \frac{v-u}{t}$$

$$v^2 = u^2 + 2as$$

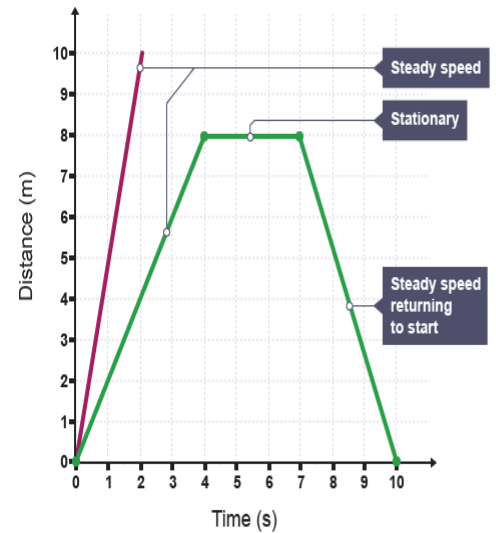
Where acceleration, a , in ms^{-2} , final velocity, v , and initial velocity, u , in ms^{-1} , displacement, s , in m , time, t , in s .



Graphs

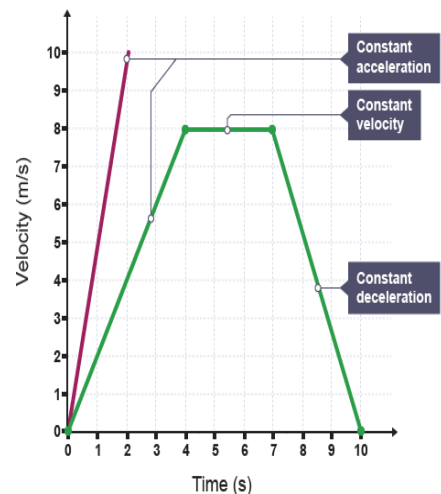
Displacement-Time Graphs

- Gradient is **velocity**
- **Sharper** gradient means **faster speed**
- **Negative gradient** is returning back to **starting point**
- **Horizontal** line means **stationary**
- **0 Distance** means that it is **back to starting point**
- Area under line = nothing
- **Curved** Line means that the **velocity is changing** (acceleration)
- **If an object is accelerating, its speed can be determined by drawing a tangent and calculating the gradient of the distance-time graph.**



Velocity-Time Graphs

- Gradient is **acceleration**
- **Sharper** gradient means greater **acceleration**
- **Negative gradient** is **deceleration**
- **Horizontal** line means **constant speed**
- **0 Velocity** means that it is **stationary**
- **Area under line = distance travelled**
 - Sometimes **counting the squares** is the best method for a curved line
- **Curved** Line means that the **acceleration is changing**



Average Speed - This is for when the speed changes during the motion. Use **overall distances and timings** to work out average speed



P4.3 What is the Connection between Forces and Motion?

Newton's First Law

An object has a constant velocity unless acted on by a resultant force

If a **resultant force** acts on the object, it will **accelerate**

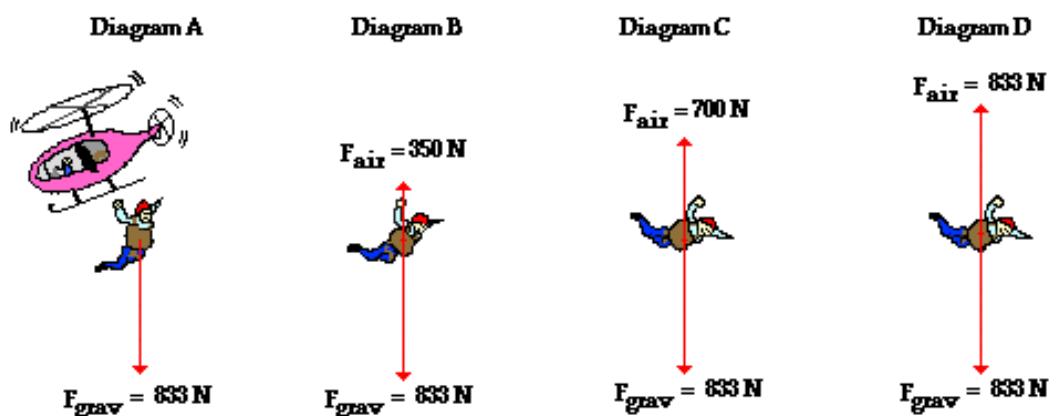
- Acceleration is change in velocity over time
- So, the velocity will change
- Either the **direction or speed of the object will change** (or both)

If **no resultant force** acts on the object

- And the object is **stationary**, it will remain **stationary**
- And the object is **moving**, it will continue to **move at the same velocity**

Resultant force is a **single force** representing the **sum of all the forces acting on an object**. If more than one force act along a straight line, the resultant can be found by **adding** (acting in the same direction) or **subtracting** (acting in opposite directions) them.

Skydiver example



- Forces that act are air resistance and weight
- Initially, the skydiver has no air resistance and the *only* force acting on him is weight
- As he falls, he accelerates, increasing his speed (A)
 - Resultant is simply 833N down
- As air resistance increases, the *resultant* force from weight *decreases* (B)
 - Resultant is $833 - 350 = 483\text{N}$ down
- So acceleration decreases, so he is not speeding up as quickly (C)
 - Resultant is 133N down
- Eventually they are equal and balance, so there is *no* resultant force (D)
 - Resultant = 0
- So there is *no* acceleration when the resultant force is 0 they travel at terminal velocity.
- Free Body Diagrams show the forces (and their directions) acting on an object, like for the skydiver above

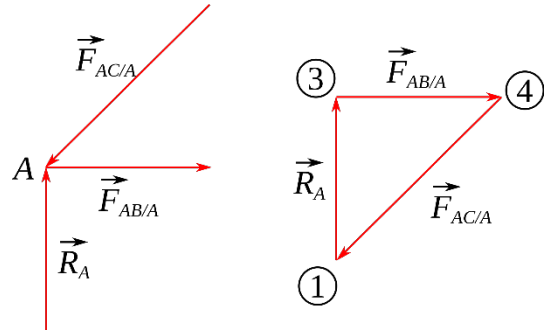


Resolving Forces

A force F at angle to the ground can be resolved parallel and perpendicular to the ground. Using Pythagoras' Rule, the two components are as shown:

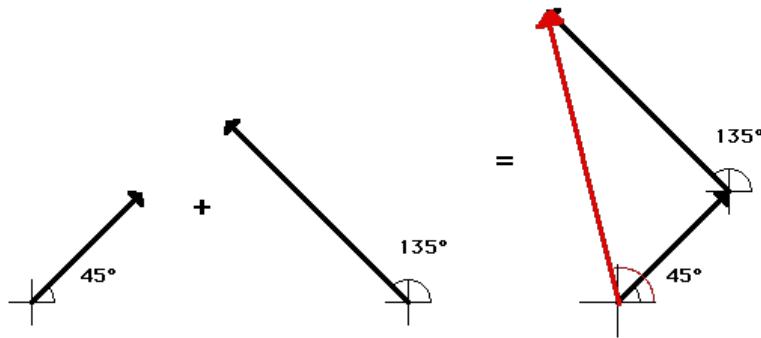
$$a^2 + b^2 = c^2$$

$$F^2 = (F\cos\theta)^2 + (F\sin\theta)^2$$



Scale drawings can be used to illustrate the vector addition of two or more forces in order to determine equilibrium or resultant force.

SCALE: 1 cm = 1 m/s



Momentum

$$\text{Momentum} = \text{Mass} \times \text{Velocity}$$

$$p = mv$$

Where p is the momentum in kilograms metres per second kgms^{-1} , m is the mass in kilograms kg and v the velocity metres per second ms^{-1} .

- **Momentum is always conserved in a collision or explosion** (where there are **no external forces** like friction, air resistance, electrostatic attraction etc.)
- In collisions:

$$\text{Total Momentum Before} = \text{Total Momentum After}$$

- So, two marbles colliding, each will have momentum before and after the collision
- Remember momentum is a **vector**



Newton's Second Law

The acceleration of an object is proportional to the resultant force acting on the object, and inversely proportional to the mass of the object.

$$F = ma$$

where F is the force in newtons N, m is the mass in kg and a is the acceleration in m/s^2 .

The tendency for objects to **continue in uniform velocity (or stay at rest)** is **inertia**; The measure of how difficult it is to change the velocity of an object

$$\text{Inertial Mass} = \frac{\text{Force}}{\text{Acceleration}}$$

Newton's Second Law: **Force is equal to the rate of change of momentum**

$$F = \frac{m(v-u)}{t}$$

Where force, F , is in N, mass, m , is in kg, final velocity, v , and initial velocity, u , is in ms^{-1} , time t , is in s.

$$\Delta p = Ft$$

Where Δp is change in momentum in kgms^{-1} .

Circular Motion

Imagine a **car travelling round a roundabout** at constant speed. While its speed is constant, its direction is constantly changing – so its velocity is constantly changing therefore it is accelerating.

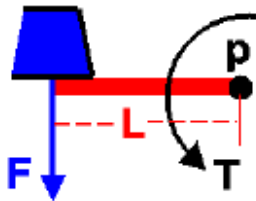
If an object was travelling in a circular motion, the object is **constantly changing direction**, therefore the **velocity**, which is a **vector** that depends on the movement and the direction, is constantly changing. A change in velocity is defined as **acceleration**, so although the object isn't speeding up, it is accelerating due to the changing direction.

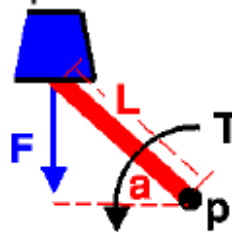
Moments and Rotation (Physics only)

For an object attached to a **pivot** point (a point which it can **rotate** about, but **cannot move** away from);

- If a **force** is applied along a line **passing through the pivot** (see diagram), the object **does not rotate**, and is just held still.
- If there is a **distance between the pivot and the line of action of the force**, the object rotates about the pivot, in the direction of the force applied.
- If the force is applied not perpendicular to the object we need to consider the **perpendicular distance** from pivot to line of force



Example 1:

Example 2:

Example 3:


Example 1: $M = FL$, Example 2: $M = 0$, Example 3: $M = FL\cos a$

$$M = Fd$$

where moment of a force, M , in newton-metres Nm, force F in newtons N and distance d is the perpendicular distance from the pivot to the line of action of the force, in metres m.

Example of moments: Bike Riding – pressing your foot down on the pedal, causes a moment about the pivot, turning the pedal arms.

Equilibrium is when:

sum of anticlockwise moments = sum of clockwise moments

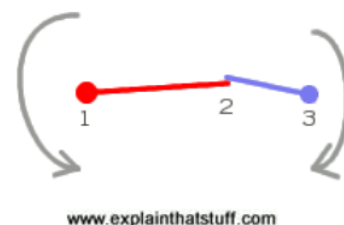
Levers and Gears (Physics only)

Levers and gears are used to transmit rotational forces. **Gears** can **change speed, force or direction** by rotation. For an example when the first gear is supplying the force:

- If connected to a gear with **fewer teeth** (i.e. a smaller gear)
 - The **second** gear will turn **faster**
 - But with **less force**
 - In **opposite direction** to first gear
- If connected to a gear with **more teeth** (i.e. a larger gear)
 - Turns **slower**
 - **More** force
 - In **opposite direction**

The **second gear will always turn in the opposite direction**

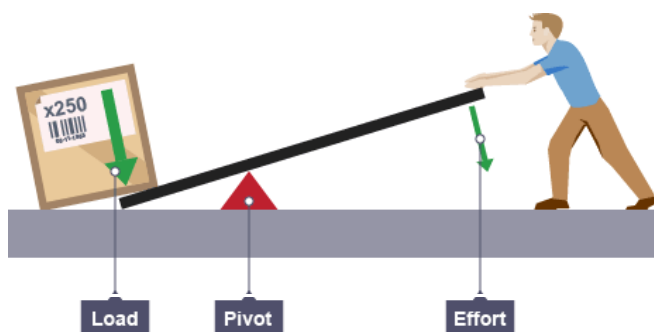
- Blue gear is supplying the **power**
- To increase the power, a **larger gear** is used for the secondary (red)
- As the force on the red gear is a **further distance** from its pivot, the **momentum of the larger gear is greater**



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Levers use the **principle of moments** to reduce the force needed to perform a certain task.

They **increase the perpendicular distance** over which the force acts such that they work as **force multipliers** on the load.



Stopping Distances

After seeing a **hazard**, before you react, **during reaction time** you travel X metres in the **Thinking Distance**. Then after you react, causing the **car to slow down**, you stop over Y metres in the **Braking Distance**.

$$\text{Stopping Distance} = X + Y$$

Thinking Distance

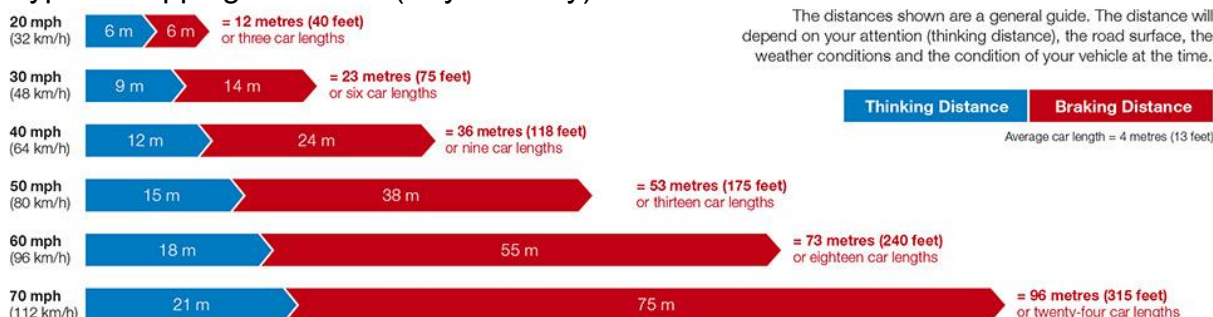
- Speed
- Affected by reaction time
- Concentration
- Tiredness
- Distractions
- Influence of drugs/alcohol

Braking Distance

- Speed
- Poor road conditions (icy, wet)
- Bald tires (low friction)
- Worn brake pads
- Weight (more passengers)

Greater the **speed**, the **greater distance travelled** during the same time (reaction time)

Typical stopping distances (Physics only)



Reaction Times vary **0.2-0.9s** for each person. Reaction times are measured by the “**ruler drop**”. Drop a ruler through the person’s open hand, the time it takes to catch it can be determined by:

$$s = ut + \frac{1}{2}at^2$$

$$S = ut + \frac{1}{2}at^2$$

where $u=0$ and $a=g$, so,

$$t = \sqrt{\frac{2s}{g}}$$

Where s is the distance the ruler travels through the hand, t is the reaction time.

When a force is applied to the brakes of a vehicle:

- **Work is done by the brakes** (by friction) onto the wheel so the vehicle’s **KE reduces** and the **temperature of the brakes increase**
- Greater the speed = **greater braking force** needed to stop the car (over the **same distance**)
- So greater force = **greater acceleration**; This may lead to brakes **overheating** and a **loss of control**, which is dangerous



Safety Features (Physics only)

When **braking hard**, there is a **large deceleration**, so, a large force is felt on the passengers and the cars. This can be dangerous, as the force felt can **cause injury** (neck whiplash etc.). This can be explained by the equation below:

$$\Delta p = Ft$$

large deceleration = large change in momentum over a short time, so a large force exerted on the object

Seatbelts

- Without these, when hard braking you will keep moving and not decelerate, causing to **fly through the windshield**
- These strap you in, but also **stretch under large forces**
- Stretching increases the **distance moved slightly**, but **extends the impact time** more for passengers to stop
- This **decreases the rate of change of momentum** and therefore reduces the **force**

Crumple zones

- Without these, the car would be a solid metal block, which would **immediately stop** during a crash instead of “softening” the blow slightly
- **“softer” areas** at the front of the car, which **crumple** upon a crash
- It **absorbs energy to deform and compact**
- It **increases the impact time** for the car to stop
- This **reduces acceleration** and **force** on passengers

Air Bags

- Without these your **head will whip forward** during a crash, **hitting the steering wheel** or whipping back to hit the back of the head, which would cause serious neck injury
- These **inflate instantaneously** upon a crash
- Your **head hits this and slows down**
- Increases the impact time for the head to stop moving
- **Reduces the force on the neck**

P4.4 How can we describe Motion in terms of Energy Transfers?

Energy

A **system** is an **object or group of objects**. When a system changes, the **way energy is stored** also changes:

- Ball rolling and hitting a wall
 - System is moving ball
 - When it hits the wall, (some of) the kinetic energy is transferred as sound
- Vehicle slowing down
 - System is vehicle moving
- When it slows down, kinetic transfers to thermal due to friction between wheels and brakes



Kinetic Energy

$$E_k = \frac{1}{2}mv^2$$

Where m is the mass in kilograms, kg, v is the speed, in metres per second, m/s and the kinetic energy, E_k , in joules, J.

Gravitational Potential Energy

$$E_p = mgh$$

Where E_p , is the gravitational potential energy, in Joules, g is the gravitational field strength (9.8ms⁻²), in newtons per kilogram, N/kg, and 'h' is the height in metres, m.

Work

$$W = Fs$$

Where Work Done, W , is in joules J, the force, F is in newtons N and the distance, s is in metres m.

- Distance is the **distance moved along the line of action of the force**
- **Work done** is when **energy is transferred** from the object doing the work to another form
- **One joule of work** is done when a **force of one newton** causes a **displacement of one metre**. 1 joule = 1 newton-metre
- **Work done against frictional forces causes a rise in temperature of the object**

Power

Power is defined as the **rate at which energy is transferred** or the rate at which work is done.

$$P = \frac{E}{t}$$

The power, P , is in watts, W , the energy transferred E , is in joules, J, the time t , in seconds, s and the work done W , in joules, J.

