

Exercise 4B

1 a $\int \sinh^3 x \cosh x \, dx$

Let $f(x) = \sinh x \Rightarrow f'(x) = \cosh x$

Using $\int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c$ gives:

$$\int \sinh^3 x \cosh x \, dx = \frac{1}{4} \sinh^4 x + c$$

b $\int \tanh 4x \, dx$

Let $f(x) = 4x \Rightarrow f'(x) = 4$

Using the chain rule,

$$\int \tanh 4x \, dx = \frac{1}{4} \int 4 \tanh 4x \, dx = \frac{1}{4} \ln(\cosh 4x)$$

c $\int \tanh^5 x \operatorname{sech}^2 x \, dx$

Let $f(x) = \tanh x \Rightarrow f'(x) = \operatorname{sech}^2 x$

Using $\int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c$ gives:

$$\int \tanh^5 x \operatorname{sech}^2 x \, dx = \frac{1}{6} \tanh^6 x + c$$

d $\int \operatorname{cosech}^7 x \coth x \, dx$

Let $f(x) = \operatorname{cosech} x \Rightarrow f'(x) = -\operatorname{cosech} x \coth x$

Using $\int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c$ gives:

$$\begin{aligned} \int \operatorname{cosech}^7 x \coth x \, dx &= -\int \operatorname{cosech}^6 x (-\operatorname{cosech} x \coth x) \, dx \\ &= -\frac{1}{7} \operatorname{cosech}^7 x + c \end{aligned}$$

e $\int \sqrt{\cosh 2x} \sinh 2x \, dx = \int \cosh^{\frac{1}{2}} 2x (\sinh 2x) \, dx$
 $= \frac{1}{2} \int \cosh^{\frac{1}{2}} 2x (2 \sinh 2x) \, dx$

Let $f(x) = \cosh 2x \Rightarrow f'(x) = 2 \sinh 2x$

Using $\int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c$ gives:

$$\begin{aligned} \int \sqrt{\cosh 2x} \sinh 2x \, dx &= \frac{1}{2} \left(\frac{\cosh^{\frac{3}{2}} x}{\frac{3}{2}} \right) + c \\ &= \frac{1}{3} \cosh^{\frac{3}{2}} x + c \end{aligned}$$

$$\begin{aligned}
 1 \quad f \quad \int \operatorname{sech}^{10} 3x \tanh 3x \, dx &= -\int \operatorname{sech}^9 3x (-\operatorname{sech} 3x \tanh 3x) \, dx \\
 &= -\frac{1}{3} \int \operatorname{sech}^9 3x (-3 \operatorname{sech} 3x \tanh 3x) \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \operatorname{sech}^9 3x \Rightarrow f'(x) = -3 \operatorname{sech} 3x \tanh 3x$$

$$\text{Using } \int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c \text{ gives:}$$

$$\begin{aligned}
 \int \operatorname{sech}^{10} 3x \tanh 3x \, dx &= -\frac{1}{3} \left(\frac{1}{10} \operatorname{sech}^{10} 3x \right) + c \\
 &= -\frac{1}{30} \operatorname{sech}^{10} 3x + c
 \end{aligned}$$

$$2 \quad a \quad \int \frac{\sinh x}{2 + 3 \cosh x} \, dx = \frac{1}{3} \int \frac{3 \sinh x}{2 + 3 \cosh x} \, dx$$

$$\text{Let } f(x) = 2 + 3 \cosh x \Rightarrow f'(x) = 3 \sinh x$$

$$\text{Using } \int \frac{f'(x)}{f(x)} \, dx = \ln |f(x)| + c \text{ gives:}$$

$$\int \frac{\sinh x}{2 + 3 \cosh x} \, dx = \frac{1}{3} \ln(2 + 3 \cosh x) + c$$

$$\begin{aligned}
 b \quad \int \frac{1 + \tanh x}{\cosh^2 x} \, dx &= \int \frac{1}{\cosh^2 x} \, dx + \int \frac{\tanh x}{\cosh^2 x} \, dx \\
 &= \int \operatorname{sech}^2 x \, dx + \int \tanh x \operatorname{sech}^2 x \, dx \\
 &= \tanh x + \int \tanh x \operatorname{sech}^2 x \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \tanh x \Rightarrow f'(x) = \operatorname{sech}^2 x$$

$$\text{Using } \int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c \text{ on the remaining integral gives:}$$

$$\int \frac{1 + \tanh x}{\cosh^2 x} \, dx = \tanh x - \frac{1}{2} \tanh^2 x + c$$

Alternative Solution

$$\begin{aligned}
 \int \frac{1 + \tanh x}{\cosh^2 x} \, dx &= \int \frac{1}{\cosh^2 x} \, dx + \int \frac{\tanh x}{\cosh^2 x} \, dx \\
 &= \int \operatorname{sech}^2 x \, dx + \int \tanh x \operatorname{sech}^2 x \, dx \\
 &= \tanh x - \int \operatorname{sech} x (-\operatorname{sech} x \tanh x) \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \operatorname{sech} x \Rightarrow f'(x) = -\operatorname{sech} x \tanh x$$

$$\text{Using } \int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c \text{ on the remaining integral gives:}$$

$$\int \frac{1 + \tanh x}{\cosh^2 x} \, dx = \tanh x - \frac{1}{2} \operatorname{sech}^2 x + c$$

Note that the two solutions are equivalent, as $\tanh^2 x + \operatorname{sech}^2 x + c$ and c is an arbitrary constant.

$$\begin{aligned}
 c \quad \int \frac{5 \cosh x + 2 \sinh x}{\cosh x} \, dx &= \int 5 \, dx + 2 \int \tanh x \, dx \\
 &= 5x + 2 \ln \cosh x + c
 \end{aligned}$$

$$\begin{aligned}
 3 \text{ a } \int \coth x \, dx &= \int \frac{1}{\tanh x} \, dx \\
 &= \int \frac{\cosh x}{\sinh x} \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \sinh x \Rightarrow f'(x) = \cosh x$$

$$\text{Using } \int \frac{f'(x)}{f(x)} \, dx = \ln|f(x)| + c \text{ gives:}$$

$$\int \frac{\cosh x}{\sinh x} \, dx = \ln(\sinh x) + c \text{ as required.}$$

$$\begin{aligned}
 3 \text{ b } \int \coth 2x \, dx &= \int \frac{1}{\tanh 2x} \, dx \\
 &= \int \frac{\cosh 2x}{\sinh 2x} \, dx \\
 &= \frac{1}{2} \int \frac{2 \cosh 2x}{\sinh 2x} \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \sinh 2x \Rightarrow f'(x) = 2 \cosh 2x$$

$$\text{Using } \int \frac{f'(x)}{f(x)} \, dx = \ln|f(x)| + c \text{ gives:}$$

$$\begin{aligned}
 \frac{1}{2} \int \frac{2 \cosh 2x}{\sinh 2x} \, dx &= \frac{1}{2} \ln(\sinh 2x) + c \\
 &= \ln \sqrt{\sinh 2x} + c
 \end{aligned}$$

$$\begin{aligned}
 \int_1^2 \coth 2x \, dx &= \left[\ln \sqrt{\sinh 2x} \right]_1^2 \\
 &= \left[\ln \sqrt{\frac{1}{2}(e^{2x} - e^{-2x})} \right]_1^2 \\
 &= \left[\ln \sqrt{\frac{1}{2}(e^4 - e^{-4})} - \ln \sqrt{\frac{1}{2}(e^2 - e^{-2})} \right] \\
 &= \ln \sqrt{\frac{(e^4 - e^{-4})}{(e^2 - e^{-2})}} \\
 &= \ln \sqrt{\frac{(e^2 + e^{-2})(e^2 - e^{-2})}{(e^2 - e^{-2})}} \\
 &= \ln \sqrt{(e^2 + e^{-2})} \text{ as required}
 \end{aligned}$$

4 a $\int x \sinh 3x \, dx$

Use integration by parts with:

$$u = x \Rightarrow \frac{du}{dx} = 1$$

$$\frac{dv}{dx} = \sinh 3x \Rightarrow v = \frac{1}{3} \cosh 3x$$

$$\begin{aligned} \int x \sinh 3x \, dx &= \frac{1}{3} x \cosh 3x - \frac{1}{3} \int \cosh 3x \, dx \\ &= \frac{1}{3} x \cosh 3x - \frac{1}{9} \sinh 3x + c \end{aligned}$$

b $\int x \operatorname{sech}^2 x \, dx$

Use integration by parts with:

$$u = x \Rightarrow \frac{du}{dx} = 1$$

$$\frac{dv}{dx} = \operatorname{sech}^2 x \Rightarrow v = \tanh x$$

$$\begin{aligned} \int x \operatorname{sech}^2 x \, dx &= x \tanh x - \int \tanh x \, dx \\ &= x \tanh x - \ln(\cosh x) + c \end{aligned}$$

5 a $\int e^x \cosh x \, dx = \int e^x \left(\frac{e^x + e^{-x}}{2} \right) dx$

$$= \frac{1}{2} \int (e^{2x} + 1) \, dx$$

$$= \frac{1}{2} \int e^{2x} \, dx + \frac{1}{2} \int dx$$

$$= \frac{1}{4} e^{2x} + \frac{1}{2} x + c$$

b $\int e^{-2x} \sinh 3x \, dx = \int e^{-2x} \left(\frac{e^{3x} - e^{-3x}}{2} \right) dx$

$$= \frac{1}{2} \int e^{-2x} (e^{3x} - e^{-3x}) \, dx$$

$$= \frac{1}{2} \int (e^x - e^{-5x}) \, dx$$

$$= \frac{1}{2} \int e^x \, dx - \frac{1}{2} \int e^{-5x} \, dx$$

$$= \frac{1}{2} e^x + \frac{1}{10} e^{-5x} + c$$

$$\begin{aligned}
 5 \quad \int \cosh x \cosh 3x \, dx &= \int \left(\frac{e^x + e^{-x}}{2} \right) \left(\frac{e^{3x} + e^{-3x}}{2} \right) dx \\
 &= \frac{1}{4} \int (e^x + e^{-x})(e^{3x} + e^{-3x}) dx \\
 &= \frac{1}{4} \int (e^{4x} + e^{-2x} + e^{2x} + e^{-4x}) dx \\
 &= \frac{1}{4} \int e^{4x} dx + \frac{1}{4} \int e^{-2x} dx + \frac{1}{4} \int e^{2x} dx + \frac{1}{4} \int e^{-4x} dx \\
 &= \frac{1}{16} e^{4x} - \frac{1}{8} e^{-2x} + \frac{1}{8} e^{2x} - \frac{1}{16} e^{-4x} + c \\
 &= \frac{1}{16} (e^{4x} - e^{-4x}) + \frac{1}{8} (e^{2x} - e^{-2x}) + c \\
 &= \frac{1}{8} \left(\frac{e^{4x} - e^{-4x}}{2} \right) + \frac{1}{4} \left(\frac{e^{2x} - e^{-2x}}{2} \right) + c \\
 &= \frac{1}{8} \sinh 4x + \frac{1}{4} \sinh 2x + c
 \end{aligned}$$

$$\begin{aligned}
 6 \quad \int \cosh^2 3x \, dx &= \int \left(\frac{e^{3x} + e^{-3x}}{2} \right)^2 dx \\
 &= \frac{1}{4} \int (e^{6x} + e^{-6x} + 2) dx \\
 &= \frac{1}{4} \int e^{6x} dx + \frac{1}{4} \int e^{-6x} dx + \frac{1}{2} \int dx \\
 &= \frac{1}{24} e^{6x} - \frac{1}{24} e^{-6x} + \frac{1}{2} x + c \\
 &= \frac{1}{24} (e^{6x} - e^{-6x}) + \frac{1}{2} x + c \\
 &= \frac{1}{12} \left(\frac{e^{6x} - e^{-6x}}{2} \right) + \frac{1}{2} x + c \\
 &= \frac{1}{12} \sinh 6x + \frac{1}{2} x + c
 \end{aligned}$$

Which is the same answer as found in **Example 5b**

$$\begin{aligned}
 7 \int \frac{1}{\sinh x + \cosh x} dx &= \int \frac{\cosh x - \sinh x}{(\sinh x + \cosh x)(\cosh x - \sinh x)} dx \\
 &= \int \frac{\cosh x - \sinh x}{\sinh x \cosh x - \sinh^2 x + \cosh^2 x - \sinh x \cosh x} dx \\
 &= \int \frac{\cosh x - \sinh x}{\cosh^2 x - \sinh^2 x} dx \\
 &= \int (\cosh x - \sinh x) dx
 \end{aligned}$$

Therefore:

$$\begin{aligned}
 \int_0^1 \frac{1}{\sinh x + \cosh x} dx &= \int_0^1 (\cosh x - \sinh x) dx \\
 &= \int_0^1 \cosh x dx - \int_0^1 \sinh x dx \\
 &= [\sinh x]_0^1 - [\cosh x]_0^1 \\
 &= \left[\frac{e^x - e^{-x}}{2} \right]_0^1 - \left[\frac{e^x + e^{-x}}{2} \right]_0^1 \\
 &= \frac{1}{2} [e^x - e^{-x} - e^x - e^{-x}]_0^1 \\
 &= -[e^{-x}]_0^1 \\
 &= -(e^{-1} - e^0) \\
 &= 1 - \frac{1}{e}
 \end{aligned}$$

$$\begin{aligned}
 8 \text{ a } \int \sinh^2 x dx &= \frac{1}{2} \int (\cosh 2x - 1) dx \\
 &= \frac{1}{2} \int \cosh 2x dx - \frac{1}{2} \int dx \\
 &= \frac{1}{4} \sinh 2x - \frac{1}{2} x + c
 \end{aligned}$$

$$\begin{aligned}
 8 \text{ b } \int (\operatorname{sech} x - \tanh x)^2 dx &= \int (\operatorname{sech}^2 x + \tanh^2 x - 2 \operatorname{sech} x \tanh x) dx \\
 &= \int (1 - \tanh^2 x + \tanh^2 x - 2 \operatorname{sech} x \tanh x) dx \\
 &= \int (1 - 2 \operatorname{sech} x \tanh x) dx \\
 &= \int dx - 2 \int \operatorname{sech} x \tanh x dx \\
 &= x + 2 \operatorname{sech} x + c
 \end{aligned}$$

$$\begin{aligned}
 8 \text{ c } \int \frac{\cosh^2 3x}{\sinh^2 3x} dx &= \int \frac{1 + \sinh^2 3x}{\sinh^2 3x} dx \\
 &= \int \frac{1}{\sinh^2 3x} dx + \int dx \\
 &= \int \operatorname{cosech}^2 3x dx + \int dx \\
 &= -\frac{1}{3} \coth 3x + x + c
 \end{aligned}$$

$$\begin{aligned}
 \text{d } \int \sinh^2 x \cosh^2 x dx &= \int \sinh x \cosh x \sinh x \cosh x dx \\
 &= \frac{1}{4} \int (2 \sinh x \cosh x)(2 \sinh x \cosh x) dx \\
 &= \frac{1}{4} \int (\sinh 2x)^2 dx \\
 &= \frac{1}{4} \int \left(\frac{\cosh 4x - 1}{2} \right) dx \\
 &= \frac{1}{8} \int \cosh 4x dx - \frac{1}{8} \int dx \\
 &= \frac{1}{32} \sinh 4x - \frac{1}{8} x + c
 \end{aligned}$$

$$\begin{aligned}
 \text{e } \int \cosh^5 x dx &= \int (1 + \sinh^2 x)(1 + \sinh^2 x) \cosh x dx \\
 &= \int (1 + 2 \sinh^2 x + \sinh^4 x) \cosh x dx \\
 &= \int (\cosh x + 2 \sinh^2 x \cosh x + \sinh^4 x \cosh x) dx \\
 &= \int \cosh x dx + 2 \int (\sinh^2 x \cosh x) dx + \int (\sinh^4 x \cosh x) dx
 \end{aligned}$$

$$\text{Let } f(x) = \sinh x \Rightarrow f'(x) = \cosh x$$

$$\text{Using } \int [f(x)]^n f'(x) dx = \frac{[f(x)]^{n+1}}{n+1} + c \text{ gives:}$$

$$\int \cosh^5 x dx = \sinh x + \frac{2}{3} \sinh^3 x + \frac{1}{5} \sinh^5 x + c$$

$$\begin{aligned}
 8 \quad \int \tanh^3 2x \, dx &= \int \tanh^2 2x \tanh 2x \, dx \\
 &= \int (1 - \operatorname{sech}^2 2x) \tanh 2x \, dx \\
 &= \int (\tanh 2x - \tanh 2x \operatorname{sech}^2 2x) \, dx \\
 &= \int \left(\tanh 2x - \frac{1}{2} (\tanh 2x) (2 \operatorname{sech}^2 2x) \right) dx \\
 &= \int \tanh 2x \, dx - \frac{1}{2} \int (\tanh 2x) (2 \operatorname{sech}^2 2x) \, dx
 \end{aligned}$$

$$\text{Let } f(x) = \tanh 2x \Rightarrow f'(x) = 2 \operatorname{sech}^2 2x$$

$$\text{Using } \int [f(x)]^n f'(x) \, dx = \frac{[f(x)]^{n+1}}{n+1} + c \text{ gives:}$$

$$\int \tanh^3 2x \, dx = \frac{1}{2} \ln(\cosh 2x) - \frac{1}{4} \tanh^2 2x + c$$

$$\text{Alternative solutions may give } \int \tanh^3 2x \, dx = \frac{1}{2} \ln(\cosh 2x) + \frac{1}{4} \operatorname{sech}^2 2x + c$$

Note that the two solutions are equivalent, as $\tanh^2 x + \operatorname{sech}^2 x + c$ and c is an arbitrary constant.

$$9 \quad \int_0^{\ln 2} \cosh^2 \left(\frac{x}{2} \right) dx$$

$$\text{Let } u = \frac{x}{2}$$

$$\begin{aligned}
 \cosh^2 u &= \left(\frac{e^u + e^{-u}}{2} \right)^2 \\
 &= \frac{1}{4} (e^{2u} + e^{-2u} + 2) \\
 &= \frac{1}{4} (e^x + e^{-x} + 2) \\
 &= \frac{1}{4} e^x + \frac{1}{4} e^{-x} + \frac{1}{2}
 \end{aligned}$$

$$\begin{aligned}
 \int_0^{\ln 2} \cosh^2 \left(\frac{x}{2} \right) dx &= \frac{1}{4} \int_0^{\ln 2} e^x \, dx + \frac{1}{4} \int_0^{\ln 2} e^{-x} \, dx + \frac{1}{2} \int_0^{\ln 2} dx \\
 &= \left[\frac{1}{4} e^x - \frac{1}{4} e^{-x} + \frac{1}{2} x \right]_0^{\ln 2} \\
 &= \left(\frac{1}{4} e^{\ln 2} - \frac{1}{4} e^{-\ln 2} + \frac{1}{2} \ln 2 \right) - \left(\frac{1}{4} e^0 - \frac{1}{4} e^0 + \frac{1}{2} (0) \right) \\
 &= \frac{1}{4} \times 2 - \frac{1}{4} \times \frac{1}{2} + \frac{1}{2} \ln 2 \\
 &= \frac{3}{8} + \frac{1}{2} \times \frac{1}{4} \times 4 \ln 2 \\
 &= \frac{3}{8} + \frac{1}{8} \ln 16 \\
 &= \frac{1}{8} (3 + \ln 16) \text{ as required}
 \end{aligned}$$

$$10 \quad y = \sinh x$$

$$= \frac{e^x - e^{-x}}{2}$$

$$V = \pi \int_a^b y^2 dx$$

$$= \pi \int_0^1 \left(\frac{e^x - e^{-x}}{2} \right)^2 dx$$

$$= \frac{\pi}{4} \int_0^1 (e^{2x} + e^{-2x} - 2) dx$$

$$= \frac{\pi}{4} \left[\frac{1}{2} e^{2x} - \frac{1}{2} e^{-2x} - 2x \right]_0^1$$

$$= \frac{\pi}{4} \left[\left(\frac{1}{2} e^2 - \frac{1}{2} e^{-2} - 2(1)^2 \right) - \left(\frac{1}{2} e^0 - \frac{1}{2} e^0 - 2(0)^2 \right) \right]$$

$$= \frac{\pi}{4} \left(\frac{1}{2} e^2 - \frac{1}{2} e^{-2} - 2 \right)$$

$$= \frac{\pi}{8} (e^2 - e^{-2} - 4)$$

$$= \frac{\pi}{8e^2} (e^4 - 4e^2 - 1) \text{ as required}$$

$$11 \text{ a } \int \frac{2}{\cosh x} dx = 2 \int \operatorname{sech} x dx$$

$$= 2 \left[2 \arctan(e^x) \right] + c$$

$$= 4 \arctan(e^x) + c$$

$$\text{b } \int \operatorname{sech} 2x dx = \frac{1}{2} \left[2 \arctan(e^{2x}) \right] + c$$

$$= \arctan(e^{2x}) + c$$

$$\text{c } \int \sqrt{1 - \tanh^2 \left(\frac{x}{2} \right)} dx = \int \sqrt{\operatorname{sech}^2 \left(\frac{x}{2} \right)} dx$$

$$= \int \operatorname{sech} \left(\frac{x}{2} \right) dx$$

$$= \frac{1}{\left(\frac{1}{2} \right)} \times 2 \arctan \left(e^{\frac{x}{2}} \right) + c$$

$$= 4 \arctan \left(e^{\frac{x}{2}} \right) + c$$

$$12 \text{ a } \int x \cosh^2(x^2) dx$$

$$\text{Let } u = x^2 \Rightarrow \frac{du}{dx} = 2x \Rightarrow du = 2x dx$$

$$\begin{aligned} \int x \cosh^2(x^2) dx &= \frac{1}{2} \int 2x \cosh^2(x^2) dx \\ &= \frac{1}{2} \int \cosh^2 u du \\ &= \frac{1}{2} \int \left(\frac{e^u + e^{-u}}{2} \right)^2 du \\ &= \frac{1}{8} \int (e^{2u} + e^{-2u} + 2) du \\ &= \frac{1}{16} e^{2u} - \frac{1}{16} e^{-2u} + \frac{1}{4} u + c \\ &= \frac{1}{16} (e^{2u} - e^{-2u}) + \frac{1}{4} u + c \\ &= \frac{1}{8} \left(\frac{e^{2u} - e^{-2u}}{2} \right) + \frac{1}{4} u + c \\ &= \frac{1}{8} \sinh 2u + \frac{1}{4} u + c \\ &= \frac{1}{8} \sinh 2x^2 + \frac{1}{4} x^2 + c \end{aligned}$$

$$12 \text{ b } \int \frac{x}{\cosh^2(x^2)} dx = \int x \operatorname{sech}^2(x^2) dx$$

$$\text{Let } u = x^2 \Rightarrow \frac{du}{dx} = 2x \Rightarrow du = 2x dx$$

$$\begin{aligned} \int x \operatorname{sech}^2(x^2) dx &= \frac{1}{2} \int 2x \operatorname{sech}^2(x^2) dx \\ &= \frac{1}{2} \int \operatorname{sech}^2 u du \\ &= \frac{1}{2} \tanh u + c \\ &= \frac{1}{2} \tanh x^2 + c \end{aligned}$$